

Self funding:

Where to get further information and advice

Last updated: June 2021

Age UK

Information and advice service for people over 50.

Tel: 01904 634 061 from 9.30am to 3.30pm Monday to Friday

Email: ageukyork@ageukyork.org.uk

A range of factsheets, information and advice also available at:

www.ageuk.org.uk/information-advice

Beacon CHC

NHS Continuing Healthcare Information and Advice Service.

Tel: 0345 548 0300

www.beaconchc.co.uk/

City of York Council

Adult Social Care Team

Tel: 01904 555 111 from 8.30am to 5.00pm Monday to Friday

Email: adult.socialsupport@york.gov.uk

Emergency Adult Social Care: from 5pm to 8.30 am and 24 hours daily at weekends

Tel: 01609 780 780

City of York Council Talking Points

An opportunity to have an informal face to face conversation with adult social care staff, who can help you talk through options and get individual advice.

- There are Talking Points locations throughout York and outlying villages, contact the Adult Social Care Team to book an appointment or know more on 01904 555 111

Independent Age

Information and advice for older people.

Tel: 0800 319 6789 from 8.30am to 6.30pm Monday to Friday, or

Saturday from 9am to 1pm

Email advice@independentage.org

www.independentage.org

Money Advice Service

Learn about NHS and self-funding options, managing direct payments, and other ways to pay for care.

Tel: 0800 138 7777

www.moneyadviceservice.org.uk/en/categories/paying-for-care

NHS Continuing Healthcare Funding and Funded Nursing Care

Some people with long-term complex health needs qualify for free social care arranged and funded solely by the NHS. This is known as NHS continuing healthcare. NHS-funded nursing care is when the NHS pays for the nursing care component of nursing home fees. The NHS pays a flat rate directly to the care home towards the cost of this nursing care.

www.nhs.uk/conditions/social-care-and-support-guide/money-work-and-benefits/

Which?

Free, independent and practical guidance about making care choices across the UK. Includes a simple tool to find out how much care might cost and eligibility for financial support.

www.which.co.uk/later-life-care

York Carers Centre

Information and advice about care related issues and benefits.

Tel: 01904 715 490

Email: enquiries@yorkcarerscentre.co.uk

www.yorkcarerscentre.co.uk

Independent Financial Advice

Society of Later Life Advisors

SOLLA is a not-for-profit organisation aiming to ensure people are better informed about the financial issues of later life. You can search for a local accredited advisor on their database.

Tel: 0333 2020 454

Email: admin@societyoflaterlifeadvisers.co.uk

www.societyoflaterlifeadvisers.co.uk/

Emotional Support

York Mind carers counselling

This is a service specifically developed for people who care for someone close to them because of their physical or mental health. It provides space to talk about issues that are important, in order to help carers cope with caring responsibilities.

Tel: 01904 643364 (choose Option 4)

Email: counselling@yorkmind.org.uk

York Carers Centre

A carer support service providing one-to-one emotional support to help carers find ways in which to improve their own health and wellbeing.

Tel: 01904 715 490 from 9am to 5pm Monday to Thursday, 9am to 4.30pm Friday

Other Information and Support

City of York Council Local Area Coordinators

Local Area Coordinators work with individuals and families of all ages and abilities. They help raise awareness of available resources within the local community and support people with a wide range of issues.

Areas currently covered are: Acomb (into Holgate), Clifton, Guildhall, Haxby and Wigginton, Heworth, Huntington and New Earswick, Tang Hall (located in Hull Road Ward and Heworth Ward), Westfield. A list of the coordinators/telephone numbers by area is available on the website.

Tel: 01904 551 550 (City of York Council main helpline)

www.york.gov.uk/directory/36/local_area_coordinators

Live Well York

Information and directory of services/products.

Tel: 01904 551 006

www.livewellyork.co.uk/

York Carers Centre

(01904) 715 490

enquiries@yorkcarerscentre.co.uk

www.yorkcarerscentre.co.uk

City of York Council

(01904) 555 111

adult.socialsupport@york.gov.uk

www.york.gov.uk/carers