

Register as a carer with York Carers Centre

York Carers Centre supports unpaid carers who live in York or care for someone who lives in York. When you register with us you will be sent an information pack detailing a range of services and support available to you.

If you require any assistance completing this form, please contact us on 01904 715490

Information about you the carer:	
Name:	<input type="text"/>
Address:	<input type="text"/>
Telephone:	<input type="text"/>
Mobile:	<input type="text"/>
Email:	<input type="text"/>
Date of Birth:	<input type="text"/> Gender: <input type="text"/>
GP Surgery Name and Address:	<input type="text"/>
Are you:	<input type="checkbox"/> Employed <input type="checkbox"/> Retired <input type="checkbox"/> Other - Optional: <input type="text"/>
Information about the person you care for:	
Name:	<input type="text"/> Date of birth: <input type="text"/>
What is your relationship to the person you care for?	
<input type="text"/>	
Do they live at the same address as you? Yes <input type="checkbox"/> No <input type="checkbox"/>	
Address if different to yours:	<input type="text"/>

What is the primary reason for their needing care or support from you?

- | | |
|---|---|
| <input type="checkbox"/> Physical- Long Term Health Condition | <input type="checkbox"/> Neurological- Long Term Health Condition |
| <input type="checkbox"/> Frail Elderly | <input type="checkbox"/> Dementia |
| <input type="checkbox"/> Learning, Developmental or Intellectual Disability | <input type="checkbox"/> Mental Health |
| <input type="checkbox"/> Sensory Impairment Visual | <input type="checkbox"/> Sensory Impairment Hearing |
| <input type="checkbox"/> Dual sensory impairment | <input type="checkbox"/> Substance Misuse |
| <input type="checkbox"/> Other: | |

Please give a brief outline of how your caring role affects you (optional):

Carers are entitled to a statutory carers assessment (CAN) of their need. Please see our CAN factsheet below for further information.

Registering with York Carers Centre entitles you to receive regular updates about activities, events and our carers newsletter. This provides a range of information, stories and updates which will benefit you in your caring role. An example of our newsletter will be included in the carers information pack you will receive.

How did you hear about York Carers Centre:

- | | |
|---|---|
| <input type="checkbox"/> GP surgery | <input type="checkbox"/> City of York Council |
| <input type="checkbox"/> Other health worker / hospital | <input type="checkbox"/> Other (please say how below) |

Signed by:

Date:

Contact number or email:

If professional, name of organisation and job title:

Please return this form to: enquiries@yorkcarerscentre.co.uk



Carers Assessment Of Need

What is a carers assessment of need?

A carers assessment is a discussion with you to find out about your caring situation. The assessment will look at how your caring role may impact on various aspects of your life and your own wellbeing, and consider what support you may need.

The assessment will be allocated to either York Carers Centre or City of York Council and can be carried out at a place of your choice. York Carers Centre will notify you if your application has been allocated to City of York Council.

How do I ask for a carers assessment of need?

- By completing pages 5 and 6 of this registration form.
- By contacting York Carers Centre on 01904 715490 or emailing enquiries@yorkcarerscentre.co.uk
- If the person you care for has a social worker, or other professional, they may request one on your behalf, or do this with you. This will always be with your knowledge.
- Alternatively, you can complete your own self-assessment of need using guidance and the self-assessment form available on York Carers Centre website
www.yorkcarerscentre.co.uk/ask-for-a-carers-assessment-of-need

Parent carers

If you are a parent carer (of a child under 18), you can ask for a carers assessment by contacting your child's social worker or the Children's Advice and Assessment Service as below.

Young carers

If you are a young carer (under 18 years), you can ask for a carers assessment by contacting either York Carers Centre or the Children's Advice and Assessment Service on 01904 551900 or emailing childrensfrontdoor@york.gov.uk

What happens next?

If you have chosen to apply for carers assessment, someone will contact you to discuss your preferences for how you would like to have an assessment.

Your carers assessment may be completed with a Carer Support Worker from either York Carers Centre or City of York Council.

If the person you care for is having a social care assessment, your carers assessment may be done at the same time with the social worker you already know.

Getting ready for your assessment of need

Before your assessment you may like to think about:

- What help and information might support you in your caring role.
- Is your physical or emotional health affected by your caring role?
- Do you find your relationships are affected?
- Do you have opportunities for breaks/ leisure time?
- Are you worried about how caring will affect your work, education or training?
- What network of support do you already have in your caring role? E.g. family, friends, support groups.
- What do you feel you need for the future?

What help might be available?

The assessment will help to identify the support you might need which could include:-

- Benefits advice and information on managing finances for both you and the person you care for, including benefit entitlements if you are considering giving up work.
- Respite care and information on how to take a break from caring.
- Help to achieve things in your life such as working, volunteering, leisure time and studying.
- Accessing health information that relates to the illness/condition and treatment for the person you care for, or yourself if your health is affecting your caring role.
- Information about equipment and/or adaptations.
- Help you to prepare for emergencies and plan for the future.
- Ways of increasing safety and security for the person you care for and yourself.
- Signposting to other organisations or services.
- Help you to meet your emotional needs.



Information required if applying for a Carers Assessment of Need:

If you wish to apply for a Carers Assessment of Need, please complete the following two pages. The carer and cared for person must be over 18.

Do you want a Carers Assessment of Need? Yes No

Consent for sharing information

I understand that the information on this form will be used to assess my need for help, advice and support and to manage and plan services for me now and in the future. I understand that the City of York Council (CYC) and York Carers Centre will only share the information provided by me with other organisations and/or the person or people I care for, if there is a legitimate interest in doing so, such as for public health reasons, and/or when required by Government. All information will be held in accordance with the Data Protection Act 1998. I understand that I have a right to see information held by CYC and York Carers Centre about me at any stage.

Do you consent to this? Yes No

Name: Signature:

Supporting the person you care for:

I am providing care and support that is “necessary” as the person I care for is not capable of meeting these needs themselves. Yes No

Do you provide help with any of the following? Tick all the boxes that apply.

- | | |
|---|---|
| <input type="checkbox"/> Meal preparation/help with eating/drinking | <input type="checkbox"/> Washing/dressing |
| <input type="checkbox"/> Help with using the toilet | <input type="checkbox"/> Domestic support |
| <input type="checkbox"/> Supervision/emotional support/prompting/guidance | <input type="checkbox"/> Mobility/transport |
| <input type="checkbox"/> Support with medication/health needs | |
| <input type="checkbox"/> Support with finances/correspondence | |
| <input type="checkbox"/> Developing and maintaining family or other personal relationships | |
| <input type="checkbox"/> Helping with caring responsibilities the adult has for a child | |
| <input type="checkbox"/> Accessing and engaging in leisure activities/work/education/volunteering or community facilities | |

Additional details: (Please give an indication of frequency of support you provide?)

Does the person you look after receive any other support and if so, please provide details (e.g. social worker or care manager, paid carers, sitting services, equipment, friends, family etc.) Yes: No:

Details:

What would be your preference in terms of method of carers assessment:

Depending on your circumstances, and if you request a face to face visit, your carers assessment may be completed with a Carers Support Worker from either York Carers Centre or City of York Council. Alternatively you can complete your own carers assessment by visiting our website: www.yorkcarerscentre.co.uk . There is also a factsheet and guidance available.

- Self Assessment online (please visit website)
- Self Assessment via post (we will send the form and guidance to you)
- Supported Assessment via phone (we will contact you to arrange a telephone appointment)
- Supported Assessment in person (we will contact you to arrange a visit at a place of your choice)

Any other information:

Please return this form to:

Email: enquiries@yorkcarerscentre.co.uk

York Carers Centre
17 Priory Street
York YO1 6ET

Tel: 01904 715490

