

YORK CARERS CENTRE
INDEPENDENT EXAMINED ACCOUNTS
(UNAUDITED)

FOR THE YEAR ENDED

31 MARCH 2020

Company registration number 06760783
Charity number 1127644

YORK CARERS CENTRE

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YORK CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020

The trustees (who are also the directors of York Carers Centre for the purposes of company law) present their report and the financial statements of the charity for the year ended 31 March 2020 which are also prepared to meet the requirements for a directors report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

OBJECTIVES, ACTIVITIES AND PUBLIC BENEFIT

The company's principal activity and public benefit is to relieve in and around the city of York the elderly, the sick and people with disabilities by providing support, advice and information to those responsible for their care.

York Carers Centre is committed to meeting the needs of all Carers in York and improving their quality of life, helping them fulfil their full potential living their own life alongside their caring role. We aim to achieve this by providing support, advice and information, representing carers' views and influencing local and national policies and practice.

Aims

- To enable carers to have choices about their caring role
- To positively influence local and national policy and practice to benefit carers
- To support effective caring

Objectives

- To support carers in their caring role
- To provide quality information, advice and advocacy for carers in York
- To provide accurate and accessible information and advice
- To assist carers to register an emergency plan
- To facilitate carer representation on local and national groups and forums
- To support carer groups and facilitate consultations
- To run groups, organise trips and events for carers
- To provide a support service for young carers including one to one work
- To provide access to breaks for all carers
- To provide groups, trips and events for young carers
- To provide specific support groups for 18-25 year old carers
- To provide help with employment, education and training for carers

The trustees have due regard to the Charity Commission's guidance on public benefit, and ensure that the activities of the organisation meet those requirements.

YORK CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020 (continued)

ACHIEVEMENTS AND PERFORMANCE

We can have a maximum of 12 trustees on the board and at present we have 7 which includes the Chair, Vice Chair and Treasurer. The Board meets every six weeks.

The trustees continue to enhance the governance of the Centre through regular board meetings throughout the year, and through progressing quality improvements and developments. We are keeping up to date through Zoom meetings in the present climate to ensure that we are supporting YCC managers and staff.

We have a trustee that attends staff/volunteer meetings twice a year to increase understanding and communication between staff and trustees, and ensuring joint input into decision making and future developments.

We have clarified our roles to ensure that the expertise of each trustee is used effectively and have formed sub groups within the board. The Chair, Vice Chair and Treasurer have regular meetings with the management team.

With over 4,000 registrations, York Carers Centre continues to provide free information advice and support to all unpaid carers throughout York.

The Centre aims to ensure the voice and opinions of carers are heard, acknowledged and respected and raise awareness of the vital contribution that carers make to society and the economy. It is widely accepted that without unpaid carers, health and social care could not provide the funding and resources necessary to support some of the most vulnerable and ill people maintain a quality of life and independence to live in their own homes. Unpaid carers are an asset and play an integral role in care of the person they look after and it is imperative they are supported to maintain their own health and wellbeing.

We are fortunate to have a good and long-standing relationship and support of commissioners, both from the Vale of York Clinical Commissioning Group and City of York Council, alongside a dedicated and highly skilled workforce and volunteers.

Raising awareness of carers:

York Carers Centre works in a variety of ways to raise awareness of carers

- During this year over 400 professionals completed our carer awareness training courses
- We engaged carers in drafting a new five-year strategy with City of York Council to promote York as a carer friendly city
- We promoted and held activities during Carers Awareness Week and Carers Rights Day including making a short film for staff at the Vale of York Clinical Commissioning Group 'Making Carers Visible'
- We continue to work with local employers to build carer friendly workplaces
- We ran regular stalls at York Hospital and York Shambles Market
- We attracted over 2,900 followers on social media

Events and activities:

We've held over 200 group sessions/events for carers during the year. Peer group sessions help carers to come together to share their experience in relation to their caring roles. Three support groups meet regularly supporting carers looking after someone with a mental health and or an addiction condition. We broker the support of other professionals and specialists who attend some of the sessions to meet carers, to create better understanding between recipients of services and those who deliver and manage services, alongside jointly tackling identified problems.

YORK CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020 (Continued)

ACHIEVEMENTS AND PERFORMANCE (Continued)

Carers have opportunity to meet other carers, staff and volunteers through community-based Carers Hubs. The Hubs are run monthly in various venues throughout York including in Haxby, Acomb and at York St Sampson's Centre.

Carers Week in June 2019 provided a great opportunity to engage carers and one particular event was a trip aboard the River Duchess for a cruise on the river Ouse, where carers enjoyed refreshments and socialising.

We further ran a Legal Clinic for carers offering free legal advice on wills, probate and power of attorneys.

Other sessions and events enabled carers to take a break and help look after themselves and included:

- caring and wellbeing sessions
- carers action and rights sessions
- various trips and days out
- mindfulness, managing stress, creative writing and cooking

Advice and welfare benefits:

Over 400 advice cases have been dealt with including support from our evening advice phone line. We have secured a total of £202,000 in additional benefits for carers and their families.

Carers Emergency Card:

Over 1000 carers carry an emergency card. In our annual survey 100% of carers said that the card provided them with peace of mind.

Young Carers:

Our young carer staff and volunteers support young carers from age 5 to 18 years old.

With a successful 3-year funding bid through BBC Children in Need, we engaged young carers in attending a full summer activity programme.

During the national Young Carer Awareness Day (January 2020) we engaged schools to support activities for young carers with the theme of 'Count Me In'. Schools hosted fun fund-raising activities; safeguarding sessions with staff; displayed Young Carer Awareness Day banners in schools; and held a non-uniform day.

We have improved and increased our work with schools, identifying hidden young carers and especially those aged under 8 years old.

We engaged young carers in the National Fly Kids Day, where the Humberside POM Flying Club provided aircrafts and experienced pilots for each young person to enjoy a short flight.

A visit to York University provided a great opportunity to introduce young carers to higher education and during half-term they enjoyed trips to Lazer Quest and bowling.

York City Football Club delivered football sessions to promote fitness in a fun and interactive way. This was a great way to provide young carers with sport as well as educational, social and healthy lifestyle opportunities. Relax Kids York further delivered a series of workshops to support young carers resilience adopting tools and techniques to manage their emotional wellbeing.

YORK CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020 (Continued)

ACHIEVEMENTS AND PERFORMANCE (Continued)

Young Adult Carers:

Young adult carers were engaged in helping the Quilter Foundation make a film about the lives of young adult carers. The Quilter Foundation intend to use the film to raise £1.5 million over 3 years.

Two young adult carers were selected for a project called 'Your Once in a Lifetime Opportunity' (YOLO). This involved a funded trip to Kenya, helping at an orphanage, installing solar power systems and going on safari – truly life changing experiences.

With funding from York Children's Trust we offered individual funding to young adult carers to help them purchase essential items and access education and training to improve their opportunities.

Volunteers:

We are enormously grateful to our volunteers who give their time freely and bring added value to the work of our charity. Volunteers bring a diverse range of skills, experience and knowledge and help to deliver services, raise awareness and attract funding.

We are proud to report a volunteer being awarded the 'Carer Contributor of the Year runner up Award' from the Royal College of Psychiatrists and attended their annual ceremony. In promoting the volunteer for the award it was said she *'had advocated passionately and tirelessly for carers and devoted her time and energy into improving mental health services both locally and nationally'*.

Local funding support:

We are grateful to shoppers and local businesses for their support including Asda Monks Cross, Waitrose and the Aviva Communities Fund.

HIGHLIGHTS - 1st April 2019 to 31st March 2020:

- 4354 carers were registered with YCC: 4,073 adult carers, 157 young adult carers and 124 young carers
- We hosted 33 young carer youth groups
- Delivered 32 school holiday activities
- 8 local schools involved in the Young Carers Schools Award
- Issued 555 Discount Cards to carers
- 1,008 carers carry our Carers Emergency Card
- Completed 111 Carers Assessment of Need
- 18 local employers were supported to achieve Carer Friendly Employer status
- 16,837 newsletters distributed to carers and professionals

Promotions:

- 12,000 hits on our website
- 500 social media posts were sent out
- 404 professionals completed our online carer awareness training

YORK CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020 (Continued)

FINANCIAL REVIEW

York Carers Centre finished the year with a deficit of £5,165 (2019: deficit £9,797). Total income increased by £19,610 to £489,221 (2019: £469,611) and at the same time expenditure increased by £14,978 to £494,386 (2019: £479,408).

RESERVES POLICY

Free reserves of £97,839 were held at 31 March 2020. Free reserves exclude those reserves which are restricted and fixed assets.

The trustees have now established a reserves policy and agreed on the level of reserves the charity will require to sustain its operations in the future.

IMPACT OF COVID

As like many charitable organisations, we had to act quickly from the 16th March 2020, once the UK went into national lockdown, to reduce the spread of Coronavirus. We are pleased to report we had good support from our local authority, City of York Council, throughout this period.

We quickly initiated a Covid sub-group and drafted an action plan to safely and quickly enable staff to work from home, and maintain support to carers. We sent out working from home guidance to all staff and volunteers including recommendations for looking after the health and wellbeing of employees. We further initiated Zoom conferencing for all staff to meet, and maintain contact, and were fortunate to be able to deliver mindfulness sessions. We also sent out employee appreciation gifts to remind staff that their contribution during such trying times was valued and recognised.

We maintained an accessible reception, information and advice service through normal office hours Monday to Friday and our evening carers advice line. We contacted all our funders and had support from them to re-negotiate and/or temporarily suspend delivery of funded projects.

We are proud to report that we are continuing to support carers, and working with our partners, not least City of York Council and the Vale of York Clinical Commissioning Group, ensuring carers have access to information, advice and support including statutory carers assessment of need.

We are continually working with our regional network partners through Carers Trust and York Council for Voluntary Services, who are also our landlords, to develop creative opportunities to maintain support for carers and to ensure we adopt flexible and safe return to work plans in light of Government Covid compliance recommendations.

STRUCTURE, GOVERNANCE AND MANAGEMENT

York Carers Centre is a registered charity and a company limited by guarantee not having a share capital. The company is governed by its Memorandum and Articles of Association dated 28th November 2008 and Articles dated 18th September 2014 as amended by special resolution dated 21 September 2017.

The board of trustees is responsible for management of York Carers Centre. The board consists of a minimum of 6 and a maximum of 12 trustees who should either be elected by and from the membership at or prior to the annual general meeting. Up to four persons (who need not be members of the charity) can be co-opted by the trustees because they make a special contribution or have a particular interest in the work of the charity; provided that at no time shall co-opted trustees constitute more than one half of the total board.

The chief executive who is also the company secretary reports to the board of trustees, and is responsible for the day to day management of the Carers Centre. The board of trustees hold a management meeting once a month. All trustees received training and an induction when appointed, and their training needs are reviewed annually.

YORK CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020 (Continued)

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity name York Carers Centre

Company number 6760783

Charity number 1127644

Trustees

Mrs R J Temple	Chair
Mr J P R Dean	Treasurer
Mrs J Chapman	
Mr C Durant	
Mr A Brown	(Resigned June 2019)
Mr G Cooney	
Ms L Shelbourn	
Ms H Weatherly	

Company secretary and chief executive

Ms C D Zagrovic

Key management personnel

Ms C D Zagrovic, Mrs J Crosby and the trustees

Registered office and principal address

Priory Street Centre
17 Priory Street
York
YO1 6ET

Our advisers

Bankers

Unity Trust Bank plc
Nine Brindleyplace
Birmingham
B1 2HB

Independent examiner

J L Campbell FCCA BSc (Hons) MAAT
JWPCreers LLP
Chartered Accountants
Genesis 5
Church Lane
Heslington
York
YO10 5DQ

YORK CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020 (Continued)

FUNDS HELD ON BEHALF OF OTHERS

At 31 March 2020 the charity held funds on behalf of Young Carers Revolution of £7,344 (2019: £7,860)

Trustees responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the York Carers Centre for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

BY ORDER OF THE BOARD

.....
R J Temple – Chair

19 October 2020

**INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF YORK CARERS CENTRE**

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2020 which comprises of the statement of financial activities, balance sheet and the notes to the accounts.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of ACCA.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J L Campbell FCCA BSc (Hons) MAAT
JWPCreers LLP
Chartered Accountants
Genesis 5
Church Lane
Heslington
York YO10 5DQ

21 October 2020

YORK CARERS CENTRE
STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2020

	Note	Unrestricted Funds £	Restricted funds £	Total funds 2020 £	Total funds 2019 £
INCOME					
Donations and legacies					
Donations	2	2,459	5,110	7,569	9,346
Charitable activities	2	444,586	36,534	481,120	459,602
Other trading activities	2	-	532	532	663
Total income		447,045	42,176	489,221	469,611
EXPENDITURE					
Charitable activities	3	448,828	45,558	494,386	479,408
Total expenditure		448,828	45,558	494,386	479,408
Net (expenditure) for the year before transfers		(1,783)	(3,382)	(5,165)	(9,797)
Transfer between funds		(26)	26	-	-
Net (expenditure)		(1,809)	(3,356)	(5,165)	(9,797)
Reconciliation of funds:					
Funds brought forward		101,547	48,428	149,975	159,772
Total funds carried forward		99,738	45,072	144,810	149,975

The statement of financial activities includes all gains and losses in the period. All income and expenditure derive from continuing activities.

YORK CARERS CENTRE
(Company number 6760783)

BALANCE SHEET AT 31 MARCH 2020

	Note	31 March 2020		2019
		£	£	£
Fixed assets	6		2,519	5,503
CURRENT ASSETS				
Debtors	7	4,051		5,494
Bank and cash in hand		144,724		148,830
		<u>148,775</u>		<u>154,324</u>
CURRENT LIABILITIES				
Creditors falling due within one year	8	(6,484)		(9,852)
		<u>142,291</u>		<u>144,472</u>
NET CURRENT ASSETS				
			<u>144,810</u>	<u>149,975</u>
NET ASSETS				
THE FUNDS OF THE CHARITY				
Unrestricted	9		99,738	101,547
Restricted	9		45,072	48,428
			<u>144,810</u>	<u>149,975</u>
TOTAL FUNDS OF THE CHARITY				

For the year ending 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved by the trustees and are signed on their behalf by:

.....
R J Temple - Chair

19 October 2020

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2020

1. ACCOUNTING POLICIES

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

York Carers Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Income

All income is included in the statement of financial activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include accountancy fees and legal fees.

Operating leases

Rents payable under operating leases are charged in the statement of financial activities as incurred over the term of the lease.

Pension costs

Staff can pay into the Pension Trust's Flexible Retirement Plan. The assets are held separately from those of the charity. Pension costs charged in the statement of financial activities represent the contributions payable by the charity in the year.

Tangible fixed assets

Individual fixed assets costing £500 or more are capitalised at cost.

Depreciation

Depreciation is provided to write off the cost of tangible fixed assets over their expected economic lives over 3 years.

Fund accounting

Restricted funds are those funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Unrestricted funds are those funds that can be used in accordance with the charitable objects at the discretion of the trustees.

YORK CARERS CENTRE
NOTES TO THE ACCOUNTS - 31 MARCH 2020

2. INCOME

	2020 Unrestricted £	2020 Restricted £	2020 Total £	2019 Unrestricted £	2019 Restricted £	2019 Total £
Donations and legacies						
Donations	2,459	5,110	7,569	2,490	6,856	9,346
Charitable activities						
Grants and contracts						
City of York Council	363,132	-	363,132	363,133	880	364,013
Vale of York CCG	81,154	-	81,154	81,154	-	81,154
Carers Trust	300	14,715	15,015	680	3,992	4,672
Grant making trusts	-	13,599	13,599	-	9,763	9,763
Children in Need	-	8,220	8,220	-	-	-
	444,586	41,644	481,120	444,967	14,635	459,602
Other trading activities						
Fundraising	-	532	532	529	134	663
	447,045	42,176	489,221	447,986	21,625	469,611

3. EXPENDITURE ON CHARITABLE ACTIVITIES

	2020 Unrestricted £	2020 Restricted £	2020 Total £	2019 Unrestricted £	2019 Restricted £	2019 Total £
Activities						
Core activity	448,828	-	448,828	459,689	-	459,689
Joseph Rowntree Foundation	-	-	-	-	1,237	1,237
Carers Trust	-	5,927	5,927	-	2,179	2,179
Young Carers	-	10,853	10,853	-	12,703	12,703
Young Adults	-	11,036	11,036	-	3,529	3,529
Adults	-	9,263	9,263	-	42	42
Substance Misuse Fund	-	233	233	-	29	29
Children in Need	-	8,246	8,246	-	-	-
	448,828	45,558	494,386	459,689	19,719	479,408

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2020

3. CHARITABLE ACTIVITIES - continued

	2020 Unrestricted £	2020 Restricted £	2020 Total £	2019 Unrestricted £	2019 Restricted £	2019 Total £
These costs comprise:						
Salaries	342,918	17,386	360,304	344,036	3,187	347,223
DBS and recruitment	1,673	-	1,673	2,272	87	2,359
Volunteers expenses	573	137	710	589	40	629
Training and conferences	5,310	-	5,310	5,013	277	5,290
Rent and room hire	22,740	60	22,800	23,317	-	23,317
Office costs	26,025	14	26,039	29,225	557	29,782
Carers week and carers rights day	797	-	797	500	-	500
Travel expense including parking	6,114	2,234	8,348	5,118	2,627	7,745
Bank charges	382	-	382	339	-	339
Activity costs	6,683	25,348	32,031	8,845	11,783	20,628
Project costs (counselling)	16,350	-	16,350	16,350	-	16,350
Newsletter costs	2,297	-	2,297	3,666	-	3,666
Legal and professional fees	1,720	-	1,720	5,660	-	5,660
Hospitality for carers	434	-	434	298	-	298
Website and IT costs	8,595	-	8,595	8,216	782	8,998
Depreciation	4,113	379	4,492	3,610	379	3,989
Accountancy fees	1,920	-	1,920	2,174	-	2,174
Governance cost	184	-	184	461	-	461
	<u>448,828</u>	<u>45,558</u>	<u>494,386</u>	<u>459,689</u>	<u>19,719</u>	<u>479,408</u>

4. STAFF COSTS

	2020 £	2019 £
Wages and salaries	318,744	307,666
Social security	22,568	21,854
Pension costs	15,411	15,297
Holiday accrual	3,581	2,406
	<u>360,304</u>	<u>347,223</u>
Average number of employees during the year (full time equivalent)	<u>13</u>	<u>14</u>

No employee earned £60,000 pa or more (2019: none).

No trustee nor any person connected with them received any remuneration during the year (2019: £nil).

No trustees have been reimbursed for expenses (2019: £nil).

The average monthly headcount was 20 (2019: 20).

The key management personnel received £59,758 in the year (2019: £63,931).

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2020

5.	MOVEMENT IN TOTAL FUNDS FOR THE YEAR	2020	2019
		£	£
	This is stated after charging:		
	Depreciation	4,492	3,989
	Accountancy fees – independent examination	1,920	1,850
	Corporation tax return	-	324
		<u> </u>	<u> </u>
6.	TANGIBLE FIXED ASSETS	Computer System	Total
		£	£
	Cost		
	As at 1 April 2019	18,860	18,860
	Additions	1,508	1,508
		<u> </u>	<u> </u>
	As at 31 March 2020	20,368	20,368
		<u> </u>	<u> </u>
	Depreciation		
	As at 1 April 2019	13,357	13,357
	Charge	4,492	4,492
		<u> </u>	<u> </u>
	As at 31 March 2020	17,849	17,849
		<u> </u>	<u> </u>
	Net book value		
	As at 31 March 2020	2,519	2,519
		<u> </u>	<u> </u>
	As at 31 March 2019	5,503	5,503
		<u> </u>	<u> </u>
7.	DEBTORS	2020	2019
		£	£
	Prepayments	3,876	5,494
	Other debtors	175	-
		<u> </u>	<u> </u>
		4,051	5,494
		<u> </u>	<u> </u>
8.	CREDITORS DUE WITHIN ONE YEAR	2020	2019
		£	£
	Accruals	6,484	9,852
		<u> </u>	<u> </u>
		6,484	9,852
		<u> </u>	<u> </u>

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2020

9. MOVEMENT IN FUNDS

	Funds at 01.04.19 £	Income £	Expenditure £	Transfer between funds £	Funds at 31.03.20 £
Unrestricted funds					
General funds	101,547	447,045	448,828	(26)	99,738
	=====	=====	=====	=====	=====
Restricted funds					
Carers Trust	2,432	6,750	5,927	-	3,255
Young Carers	25,790	4,985	10,853	-	19,922
Young Adults	11,250	5,288	11,036	-	5,502
Adults	5,673	11,755	9,263	-	8,165
Substance Misuse Fund	3,283	-	233	-	3,050
Children in Need	-	8,220	8,246	26	-
Quilter Foundation	-	5,178	-	-	5,178
	-----	-----	-----	-----	-----
Total restricted funds	48,428	42,176	45,558	26	45,072
	-----	-----	-----	-----	-----
Total funds	149,975	489,221	494,386	-	144,810
	=====	=====	=====	=====	=====

	Funds at 01.04.18 £	Income £	Expenditure £	Transfer between funds £	Funds at 31.03.19 £
Unrestricted funds					
General funds	113,360	447,986	459,689	(110)	101,547
	=====	=====	=====	=====	=====
Restricted funds					
Carers Trust	1,619	2,992	2,179	-	2,432
Young Carers	23,535	14,958	12,703	-	25,790
Young Adults	12,988	1,791	3,529	-	11,250
Adults	4,081	1,634	42	-	5,673
Substance Misuse Fund	3,062	250	29	-	3,283
Joseph Rowntree Foundation	1,127	-	1,237	110	-
	-----	-----	-----	-----	-----
Total restricted funds	46,412	21,625	19,719	110	48,428
	-----	-----	-----	-----	-----
Total funds	159,772	469,611	479,408	-	149,975
	=====	=====	=====	=====	=====

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2020

RESTRICTED FUNDS

Carers Trust

Individual grants received to provide opportunities for carers to improve and maintain their health and wellbeing, support them in accessing work, training and employment and to work with them to explore a life outside their caring role.

Funding for young carers

Grants from trust funds and donations/fundraising from local businesses, churches and organisations specifically to provide activities and groups for carers under 18 years.

Funding for young adults

Grants from trust funds and donations/fundraising from local businesses, churches and organisations specifically to provide activities and groups for carers aged 18-25 years.

Funding for adults

Grants from trust funds and donations/fundraising from local businesses, churches and organisations specifically to provide activities and groups for carers aged 25+ years.

Substance Misuse Fund

Donations/fundraising from businesses and organisations specifically to provide information and support groups for carers who are affected by someone else's substance misuse.

Children in Need

A three year grant to deliver a six week activity programme over the summer holidays to increase the emotional wellbeing of young carers and enable them to build emotional and mental resilience. The programme delivers workshops to learn about food and nutrition in a fun, creative way. It enables young carers to adopt healthy eating habits and cooking healthy meals on a budget, and will help families on low incomes and increase young people's practical skills throughout their lives. Through this programme young carers will engage in physical activities that challenge and improve their physical and mental ability and benefit them from engaging in team-work, relieve stress and build fitness thereby helping overcome long-term health problems such as obesity.

Quilter Foundation (Carers Trust)

We have been successful in acquiring funding from the Inspiring Change grant programme. This will enable young adult carers to take time out from the pressures they face to engage in fun activities and access one-to-one support helping overcome isolation and build their confidence and self-esteem. They will explore and identify future goals and plans that will help their transition into adulthood. In addition we have received funding from the Aspirations grant programme to help young adult carers towards their goals where appropriate, for example paying to complete a qualification needed for a job. On completion of the project, all young adult carers will have a portfolio featuring their skills and strengths; photographs of their achievements and a detailed action plan matching their identified goals and aspirations.

Joseph Rowntree Foundation (2019 only)

A small grant to employ a member of staff to assist in the facilitation and administration of a group for carers of people with severe mental ill health which is run in partnership with Rethink mental illness York group. The member of staff is also able to offer additional support to carers who require it and follow up any issues that arise at group meetings.

The transfer in both years is to clear the fund deficit.

YORK CARERS CENTRE

NOTES TO THE ACCOUNTS - 31 MARCH 2020

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted fund £	Total 2020 £
Fixed assets	1,899	620	2,519
Current assets	104,196	44,579	148,775
Current liabilities	(6,357)	(127)	(6,484)
	<hr/>	<hr/>	<hr/>
	99,738	45,072	144,810
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

	Unrestricted fund £	Restricted fund £	Total 2019 £
Fixed assets	4,744	759	5,503
Current assets	106,549	47,775	154,324
Current liabilities	(9,746)	(106)	(9,852)
	<hr/>	<hr/>	<hr/>
	101,547	48,428	149,975
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

11. RELATED PARTY TRANSACTIONS

There are no related party transactions in either year.